



Inspirational Thoughts

HAPPINESS awakens GRATITUDE, GRATITUDE awakens AWARENESS, AWARENESS awakens CHANGE, CHANGE awakens WISDOM, WISDOM awakens the INNER SELF, Where LOVE, PEACE and HAPPINESS are always constant. - Mary Jane Dubner

You cannot pour happiness on others without getting a few drops on yourself. - Ralph Waldo Emerson

Happiness is a behavior that has no boundaries except for the walls built in our minds. - Thomas Finelli

I am more and more convinced that our happiness or unhappiness depends far more on the way we meet the events of life, than on the nature of those events themselves. - Humboldt

Happiness can grow in any soil, live in any condition. It defies environment. It comes from within; it's the revelation of the depths of the inner life as light and heat proclaim the sun from which they radiate. Happiness consists not of having, but of being; not of possessing, but of enjoying. It is the warm glow of a heart at peace with it's self... Happiness is the soul's joy in the possession of the intangible... Happiness is paradoxical because it may coexist with trial, sorrow and poverty. It is the gladness of the heart, rising superior to all conditions... - William George Jordan

You already have everything you need to be happy. The realization that this is true is all you need. - Lionel Ketchian, author of *Food for Thought*

Happiness consists in being perfectly satisfied with what we have got and with what we haven't got. It is not how much we have, but how much we enjoy, that makes happiness. - Spurgeon.

The habit of being happy enables one to be freed, or largely freed, from the domination of outward conditions. - Robert Louis Stevenson