



**THIS IS A REVOLUTION
FOR YOUR EVOLUTION
Welcome to the Happiness Revolution!**

HAPPINESS IS POWER!

The Happiness Revolution will show you the way to Happiness which is your Ultimate Power and Personal Peace.

"The greatest revolution of our generation is the discovery that human beings, by changing the inner attitudes of their minds can change the outer aspects of their lives." - William James

What is ultimate power? It is the power you have over yourself. It is the power of the force of your own happiness; it can transform your life. It has a strength that carries you to your destination.

Have you ever felt unhappy? Do you like the way it feels? Is feeling unhappy worth it? Unhappiness, just like happiness, is a decision you make. Sure, unhappiness comes from your mood, and state of mind. You tell yourself it is caused by what you experience. Unhappiness is a feeling inside you, isn't it? What if I told you that you make yourself unhappy? How would that make you feel? It should make you feel great. If unhappiness is under your control, then happiness is also under your control.

"Is there anything men take more pains about than to render themselves unhappy?" - Benjamin Franklin

When you choose unhappiness you give people and circumstances power and control over you. What you're doing when you are unhappy is giving your power away. You are allowing situations to be more important than the power of control you have within yourself. When things seem tough, maybe a reason for this is that you are too tough on yourself. Maybe what you need to do is lighten up. This could be one of the reasons you are experiencing unhappiness. Is there another way to live?

If you think there is a way you can become happy, you're right. If you think there's no way you can become happy, you're right. Either way you are right. The question is not about whether you are right or not, but are you happy? Only if you think you can become happy will you ever be happy. Do you know why? You can only find happiness in yourself. That's why, happiness is a decision only you can make.

What is happiness? Happiness is a positive state of mind. In many ways happiness cannot be defined because it is an individual reality.

Happiness is a state of mental and physical health. It can give you the wisdom and ability to withstand abuse. Happiness is a state of wealth. It grants you the capacity to enrich yourself and satisfy your desires.

We live our lives looking for happiness. What are you waiting for? YES, YOU! Why not decide to be happy right now? Are you waiting for someone to create this happiness for you? If you have

not decided to be happy right now, then you are waiting for something to make you happy, aren't you? Why wait? Has waiting for happiness worked for you this far in your life? Will happiness be better or more rewarding if you wait?

Make THE HAPPINESS DECISION! When you decide on BEING HAPPY right now. you get a 100% return on your investment. Life has meaning and happiness in it only when you decide it does. Happiness can actually help you understand life. THE HAPPINESS DECISION is yours alone to make. No one can decide for you.

Every day you don't make THE HAPPINESS DECISION is another day that you are not BEING HAPPY and that day is gone and lost forever.

Happiness is not only what you want, it's what you need. THE HAPPINESS DECISION will keep you on the right track. It is a strategy for living well. You can bet your unhappiness on it.

"There is no duty so much underrated as the duty of being happy." - Robert Louis Stevenson

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